# Kent and Medway Catheter and Accessories First Choice List

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#### Introduction

Continence is a relatively high cost area and the prescribing of catheters and associated accessories is becomingly increasingly complex with the variety of product choices available.

This guidance aims to facilitate the rational prescribing of catheters and associated accessories to promote good clinical practice and cost effective prescribing. The recommendations made have been developed by a team of bowel & bladder nurse specialists, continence lead specialists, infection prevention and control nurses, urology nurse specialists, GP practice nurses and CCG medicines management teams working in both primary and secondary care sectors within Kent and Medway NHS.

Recommendations made have taken in to account all available published evidence and guidance. Product selection included as approved formulary choices have been made on basis of design, reliability, ease of use and relative cost. Local expertise and experience in the use of products has also been taken into account.

Please note this is a first choice list of catheters and accessories. Should any of these products not be suitable for the patient after trial, selection of an alternative suitable cost-effective catheter or accessory should be made. Justification for this choice should be documented in the patient notes. This list will be reviewed in 2 years from publication.

#### When prescribing:-

- a) Include full details of product required Prescription requests must include full details of the required product (including the product name and order code specified in this formulary) to ensure the correct size, type, quantity and gender (for catheters) are ordered.
- b) Do not prescribe generically The brand and order code of the catheter and associated accessories should be stated to ensure continuity of supply. Products should not be prescribed generically because of differences between individual products in terms of specification such as size.
- c) Clearly state the quantity of product required Always order in multiples of minimum pack size for the products and stated in this guide. Avoid use of the term 'OP' (or original pack) because pack sizes often differ between products and patients may receive inappropriate quantities if this is not clearly stated.
- d) Encourage the patient or patient's carer to request repeat prescriptions via the GP practice instead of via the appliance contractor. This ensures the patient remains in control and the GP practice can monitor requests (i.e. the same control that a GP uses when issuing prescriptions for medicine)

# **Long term catheters**

- Frequency of change up to 12 weeks. Catheters are licensed for both urethral/supra pubic use.
- Prescribe 2 initially and then one every 12 weeks. Ensure patient has 1 spare available. Packaged in single units.

# **Silicone long term catheters**

Choice	Male (Standard)/ Female	Gaug e /Size	Product	Unit price	Order code	Pharmacy ordering PIP code
First choice	Standard	12	2 way foley all silicone catheter with glycerine filled syringe for balloon inflation and empty syringe for balloon deflation male 12Ch 08501205G 5ml balloon (L.In.C. Medical Systems Ltd)	£5.57	08501205G	3834280
Includes: Integral balloon	Standard	14	2 way foley all silicone catheter with glycerine filled syringe for balloon inflation and empty syringe for balloon deflation male 14Ch 08501405G 5ml balloon (L.In.C. Medical Systems Ltd)	£5.57	08501405G	3834298
Prefilled syringe for inflation Empty syringe for deflation	Standard	16	2 way foley all silicone catheter with glycerine filled syringe for balloon inflation and empty syringe for balloon deflation male 16Ch 08501610G 10ml balloon (L.In.C. Medical Systems Ltd)	£5.57	08501610G	3834306
Lubricating gel	Standard	18	2 way foley all silicone catheter with glycerine filled syringe for balloon inflation and empty syringe for balloon deflation male 18Ch 08501810G 10ml balloon (L.In.C. Medical Systems Ltd)	£5.57	08501810G	3834314
(lidocaine/chlorhexidine) Balloon on 12 and 14 ch catheters are 5mls only Balloon on 16 and above	Female	12	2 way foley all silicone catheter with glycerine filled syringe for balloon inflation and empty syringe for balloon deflation female 12Ch 085012051G 5ml balloon (L.In.C. Medical Systems Ltd)	£5.57	085012051G	3834322
are 5-10mls  Balloons are inflated	Female	14	2 way foley all silicone catheter with glycerine filled syringe for balloon inflation and empty syringe for balloon deflation female 14Ch 085014051G 5ml balloon (L.In.C. Medical Systems Ltd)	£5.57	085014051G	3834330
with glycerine	Female	16	2 way foley all silicone catheter with glycerine filled syringe for balloon inflation and empty syringe for balloon deflation female 16Ch 085016101G 10ml balloon (L.In.C. Medical Systems Ltd)	£5.57	085016101G	3834348

# Silicone long term catheters - continued

Choice	Male (Standard)/ Female	Gauge /Size	Product	Unit price	Order code	Pharmacy ordering PIP code
	Standard	12	Prosys all silicone catheter male 12Ch PCF12M10 10ml balloon (CliniSupplies Ltd)	£5.73	PCF12M10	386-0616
Second choice	Standard	14	Prosys all silicone catheter male 14Ch PCF14M10 10ml balloon (CliniSupplies Ltd)	£5.73	PCF14M10	386-0582
Includes:	Standard	16	Prosys all silicone catheter male 16Ch PCF16M10 10ml balloon (CliniSupplies Ltd)	£5.73	PCF16M10	386-0574
Integral balloon	Standard	18	Prosys all silicone catheter male 18Ch PCF18M10 10ml balloon (CliniSupplies Ltd)	£5.73	PCF18M10	386-0541
Prefilled syringe for	Female	12	Prosys all silicone catheter female 12Ch PCF12F10 10ml balloon (CliniSupplies Ltd)	£5.73	PCF12F10	386-0624
inflation Empty syringe for	Female	14	Prosys all silicone catheter female 14Ch PCF14F10 10ml balloon (CliniSupplies Ltd)	£5.73	PCF14F10	386-0558
deflation	Female	16	Prosys all silicone catheter female 16Ch PCF16F10 10ml balloon (CliniSupplies Ltd)	£5.73	PCF16F10	386-0608
	Female	18	Prosys all silicone catheter female 18Ch PCF18F10 10ml balloon (CliniSupplies Ltd)	£5.73	PCF18F10	386-0590

# **Latex long term catheters**

Choice	Male (Standard)/ Female	Gauge /Size	Product	Unit price	Order code	Pharmacy ordering PIP code
First choice	Standard	12	Sympacath AquaFlate hydrogel coated latex catheter male 12Ch DH310112 10ml balloon (Teleflex)	£6.27	DH310112	285-6029
	Standard	14	Sympacath AquaFlate hydrogel coated latex catheter male 14Ch DH310114 10ml balloon (Teleflex)	£6.27	DH310114	285-6060
Hydrogel coated latex catheter	Standard	16	Sympacath AquaFlate hydrogel coated latex catheter male 16Ch DH310116 10ml balloon (Teleflex)	£6.27	DH310116	285-6078
includes Sterile water filled	Standard	18	Sympacath AquaFlate hydrogel coated latex catheter male 18Ch DH310118 10ml balloon (Teleflex)	£6.27	DH310118	285-6102
syringe for balloon inflation and empty	Standard	20	Sympacath AquaFlate hydrogel coated latex catheter male 20Ch DH310120 10ml balloon (Teleflex)	£6.27	DH310120	285-6110
syringe for deflation	Standard	22	Sympacath AquaFlate hydrogel coated latex catheter male 22Ch DH310122 10ml balloon (Teleflex)	£6.27	DH310122	285-6128
	Standard	24	Sympacath AquaFlate hydrogel coated latex catheter male 24Ch DH310124 10ml balloon (Teleflex)	£6.27	DH310124	285-6136

# Latex long term catheters - continued

Choice	Male (Standard)/ Female	Gauge /Size	Product	Unit price	Order code	Pharmacy ordering PIP code
	Female	12	Sympacath AquaFlate hydrogel coated latex catheter female 12Ch DH210112 10ml balloon (Teleflex)	£6.27	DH210112	285-6151
	Female	14	Sympacath AquaFlate hydrogel coated latex catheter female 14Ch DH210114 10ml balloon (Teleflex)	£6.27	DH210114	285-6169
	Female	16	Sympacath AquaFlate hydrogel coated latex catheter female 16Ch DH210116 10ml balloon (Teleflex)	£6.27	DH210116	285-6177
	Female	18	Sympacath AquaFlate hydrogel coated latex catheter female 18Ch DH210118 10ml balloon (Teleflex)	£6.27	DH210118	285-6185
	Female	20	Sympacath AquaFlate hydrogel coated latex catheter female 20Ch DH210120 10ml balloon (Teleflex)	£6.27	DH210120	285-6193
	Female	22	Sympacath AquaFlate hydrogel coated latex catheter female 22Ch DH210122 10ml balloon (Teleflex)	£6.27	DH210122	285-6201
	Female	24	Sympacath AquaFlate hydrogel coated latex catheter female 24Ch DH210124 10ml balloon (Teleflex)	£6.27	DH210124	285-6219

## **Short term catheters**

- Up to 4 weeks. Catheters are licensed for both urethral/supra pubic.
- Prescribe 2 initially and then one at a time. Ensure patient has 1 spare available. Packaged in single units.

Choice	Male (Standard)/ Female	Gauge /Size	Product	Unit price	Order code	Pharmacy ordering PIP code
	Standard	12	PTFE AquaFlate coated latex catheter male 12Ch DP310112 10ml balloon (Teleflex)	£2.19	DP310112	285-6821
	Standard	14	PTFE AquaFlate coated latex catheter male 14Ch DP310114 10ml balloon (Teleflex)	£2.19	DP310114	285-6839
Hydrogel coated	Standard	16	PTFE AquaFlate coated latex catheter male 16Ch DP310116 10ml balloon (Teleflex)	£2.19	DP310116	285-6847
latex catheter includes sterile	Standard	18	PTFE AquaFlate coated latex catheter male 18Ch DP310118 10ml balloon (Teleflex)	£2.19	DP310118	285-6854
water filled syringe for balloon	Female	12	PTFE AquaFlate coated latex catheter female 12Ch DP210112 10ml balloon (Teleflex)	£2.19	DP210112	285-6300
inflation	Female	14	PTFE AquaFlate coated latex catheter female 14Ch DP210114 10ml balloon (Teleflex)	£2.19	DP210114	285-6318
	Female	16	PTFE AquaFlate coated latex catheter female 16Ch DP210116 10ml balloon (Teleflex)	£2.19	DP210116	285-6326
	Female	18	PTFE AquaFlate coated latex catheter female 18Ch DP210118 10ml balloon (Teleflex)	£2.19	DP210118	285-6334

#### Intermittent catheters (ISC)

- Catheters are for single use only. Recommended quantity: 120-180 catheters per month.
- How many a patient uses a day depends on their medical reason for ISC ranging from 1-5 daily.
- Suitable for patients with incomplete bladder emptying. Patient needs good dexterity and cognitive ability.
- Lubricating gel is not needed with these catheters as they are pre-lubricated.
- A number of items are included to clarify position in therapy.

Choice	Male (Standard)/ Female	Gauge /Size	Product	Unit price	Order code	Pharmacy ordering PIP code
	Standard	10	HydroSil Silicone Hydrophilic Personal catheter male 10Ch 63610 (Bard Ltd)	£1.48	63610	301-4396
First choice	Standard	12	HydroSil Silicone Hydrophilic Personal catheter male 12Ch 63612 (Bard Ltd)	£1.48	63612	301-4404
Male/standard Integral water pack	Standard	14	HydroSil Silicone Hydrophilic Personal catheter male 14Ch 63614 (Bard Ltd)	£1.48	63614	301-4412
100% Silicone	Standard	16	HydroSil Silicone Hydrophilic Personal catheter male 16Ch 63616 (Bard Ltd)	£1.48	63616	301-4420
	Standard	18	HydroSil Silicone Hydrophilic Personal catheter male 18Ch 63618 (Bard Ltd)	£1.48	63618	301-4438
	Female	8	Curan Lady catheter female 8Ch CL08 (CliniMed Ltd)	£1.41	CL08	395-1472
First choice Female Grip and twist lid.	Female	10	Curan Lady catheter female 10Ch CL10 (CliniMed Ltd)	£1.41	CL10	376-6078
Blue grip guide for	Female	12	Curan Lady catheter female 12Ch CL12 (CliniMed Ltd)	£1.41	CL12	376-6086
touch free insertion	Female	14	Curan Lady catheter female 14Ch CL14 (CliniMed Ltd)	£1.41	CL14	376-6060
Second choice	Standard	12	Curan Man catheter male 12Ch CM12 (CliniMed Ltd)	£1.53	CM12	406-1651
Male/standard Grip and twist lid.	Standard	14	Curan Man catheter male 14Ch CM14 (CliniMed Ltd)	£1.53	CM14	406-1677
Blue grip guide for touch free insertion	Standard	16	Curan Man catheter male 16Ch CM16 (CliniMed Ltd)	£1.53	CM16	406-1669
Second choice	Female	10	Actreen Mini Cath catheter female 10Ch 228010E (B.Braun Medical Ltd)	£1.47	228010E	357-7947
<b>female</b> Pre lubricated, PVC free	Female	12	Actreen Mini Cath catheter female 12Ch 228012E (B.Braun Medical Ltd)	£1.47	228012E	357-7954
	Female	14	Actreen Mini Cath catheter female 14Ch 228014E (B.Braun Medical Ltd)	£1.57	228014E	357-7962

# Intermittent catheters (ISC) – continued

Choice	Male (Standard)/ Female	Gauge /Size	Product (continued)	Unit price	Order code	Pharmacy ordering PIP code
	Female	10	HydroSil Silicone Hydrophilic Personal catheter female 10Ch 71610 (Bard Ltd)	£1.48	71610	350-7431
Third choice	Female	12	HydroSil Silicone Hydrophilic Personal catheter female 12Ch 71612 (Bard Ltd)	£1.48	71612	350-7449
Integral water pack.	Female	14	HydroSil Silicone Hydrophilic Personal catheter female 14Ch 71614 (Bard Ltd)	£1.48	71614	350-7456
100% Silicone	Female	16	HydroSil Silicone Hydrophilic Personal catheter female 16Ch 71616 (Bard Ltd)	£1.48	71616	350-7464
	Female	18	HydroSil Silicone Hydrophilic Personal catheter female 18Ch 71618 (Bard Ltd)	£1.48	71618	354-0960
	Female	8	HydroSil Go catheter female 8Ch 71808 (Bard Ltd)	£1.58	71808	406-7930
Fourth choice	Female	10	HydroSil Go catheter female 10Ch 71810 (Bard Ltd)	£1.58	71810	402-4592
female	Female	12	HydroSil Go catheter female 12Ch 71812 (Bard Ltd)	£1.58	71812	402-4600
Pre-lubricated, 4 eyelets, 100%	Female	14	HydroSil Go catheter female 14Ch 71814 (Bard Ltd)	£1.58	71814	402-4618
silicone	Female	16	HydroSil Go catheter female 16Ch 71816 (Bard Ltd)	£1.58	71816	402-4626
	Female	18	HydroSil Go catheter female 18Ch 71818 (Bard Ltd)	£1.58	71818	402-4592
	Female	6	SpeediCath Compact catheter female 6Ch 28576 (Coloplast Ltd)	£1.57	28576	345-5011
Fifth choice female	Female	8	SpeediCath Compact catheter female 8Ch 28578 (Coloplast Ltd)	£1.57	28578	308-6410
Compact, all-in-one catheter and bag set solution	Female	10	SpeediCath Compact catheter female 10Ch 28580 (Coloplast Ltd)	£1.57	28580	308-6428
	Female	12	SpeediCath Compact catheter female 12Ch 28582 (Coloplast Ltd)	£1.57	28582	308-6436
	Female	14	SpeediCath Compact catheter female 14Ch 28584 (Coloplast Ltd)	£1.57	28584	308-6444

## Leg bags

- Leg bags may be worn in different positions on the leg (inside thigh/calf) which will determine the length of the inlet tube.
- Leg bags should be changed every 5-7 days. Recommended quantity: 5 bags per month. No more than one box of 10 should be issued on a single prescription (6 x 10 boxes a year).
- Maintaining a closed drainage system reduces risk of infection.
- Leg bag must remain connected to the catheter and linked to the night bag if additional drainage capacity required overnight.

Choice	Tap type	Size	Product	Unit price	Order code	Pharmacy ordering PIP code
	Lever	500ml	LINC-Flo sterile leg bag with lever tap LM500SD-L 500ml bag, direct inlet tube (L.In.C. Medical Systems Ltd)	£2.23	LM500SD-L	3712114
	Lever	500ml	LINC-Flo sterile leg bag with lever tap LM500MD-L 500ml bag, 10cm inlet tube (L.In.C. Medical Systems Ltd)	£2.23	LM500MD-L	3712213
LINC Medical Systems	Lever	500ml	LINC-Flo sterile leg bag with lever tap LM500LD-L 500ml bag, 30cm inlet tube (L.In.C. Medical Systems Ltd)	£2.23	LM500LD-L	3783891
T-tap or lever tap	Lever	500ml	LINC-Flo sterile leg bag with lever tap LM500AD-L 500ml bag, adjustable inlet tube (L.In.C. Medical Systems Ltd)	£2.23	LM500AD-L	3811643
with fabric backing.  3 bags sizes and 4	Lever	750ml	LINC-Flo sterile leg bag with lever tap LM750AD-L 750ml bag, adjustable inlet tube (L.In.C. Medical Systems Ltd)	£2.23	LM750AD-L	3834363
tube lengths available.	T-tap	350ml	LINC-Flo sterile leg bag with T tap LM350SD-T 350ml bag, direct inlet tube (L.In.C. Medical Systems Ltd)	£2.07	LM350SD-T	3384997
Each bag comes with a pair of sterile	T-tap	350ml	LINC-Flo sterile leg bag with T tap LM350MD-T 350ml bag, 10cm inlet tube (L.In.C. Medical Systems Ltd)	£2.07	LM350MD-T	3385002
non-latex gloves and pair of straps	T-tap	500ml	LINC-Flo sterile leg bag with T tap LM500SD-T 500ml bag, direct inlet tube (L.In.C. Medical Systems Ltd)	£2.23	LM500SD-T	3383726
	T-tap	500ml	LINC-Flo sterile leg bag with T tap LM500MD-T 500ml bag, 10cm inlet tube (L.In.C. Medical Systems Ltd)	£2.23	LM500MD-T	3385077
	T-tap	500ml	LINC-Flo sterile leg bag with T tap LM500LD-T 500ml bag, 30cm inlet tube (L.In.C. Medical Systems Ltd)	£2.23	LM500LD-T	3385044

# Leg bags - continued

Choice	Tap type	Size	Product	Unit price	Order code	Pharmacy ordering PIP code
LINC Medical Systems	T-tap	500ml	LINC-Flo sterile leg bag with T tap LM500AD-T 500ml bag, adjustable inlet tube (L.In.C. Medical Systems Ltd)	£2.23	LM500AD-T	3811643
	T-tap	750ml	LINC-Flo sterile leg bag with T tap LM750SD-T 750ml bag, direct inlet tube (L.In.C. Medical Systems Ltd)	£2.23	LM750SD-T	3383692
	T-tap	750ml	LINC-Flo sterile leg bag with T tap LM750MD-T 750ml bag, 10cm inlet tube (L.In.C. Medical Systems Ltd)	£2.23	LM750MD-T	3383700
	T-tap	750ml	LINC-Flo sterile leg bag with T tap LM750LD-T 750ml bag, 30cm inlet tube (L.In.C. Medical Systems Ltd)	£2.23	LM750LD-T	3383719
	T-tap	750ml	LINC-Flo sterile leg bag with T tap LM750AD-T 750ml bag, adjustable inlet tube (L.In.C. Medical Systems Ltd)	£2.23	LM750AD-T	3834363
	Slide	350ml	Prosys sterile leg bag with slide tap P350S 350ml bag, short tube (CliniSupplies Ltd)	£2.59	P350S	299-6817
	Slide	350ml	Prosys sterile leg bag with slide tap P350L 350ml bag, long tube (CliniSupplies Ltd)	£2.59	P350L	299-6767
CliniSupplies	Slide	500ml	Prosys sterile leg bag with slide tap P500S 500ml bag, short tube (CliniSupplies Ltd)	£2.59	P500S	299-6825
	Slide	500ml	Prosys sterile leg bag with slide tap P500L 500ml bag, long tube (CliniSupplies Ltd)	£2.59	P500L	299-6791
Slide action or lever tap, short or long	Slide	750ml	Prosys sterile leg bag with slide tap P750S 750ml bag, short tube (CliniSupplies Ltd)	£2.59	P750S	299-6833
-	Slide	750ml	Prosys sterile leg bag with slide tap P750L 750ml bag, long tube (CliniSupplies Ltd)	£2.59	P750L	299-6809
	Lever	500ml	Prosys sterile leg bag with lever tap P500S-LT 500ml bag, short tube (CliniSupplies Ltd)	£2.59	P500S-LT	351-1474
	Lever	500ml	Prosys sterile leg bag with lever tap P500L-LT 500ml bag, long tube (CliniSupplies Ltd)	£2.59	P500L-LT	351-1466

## Night bags

#### Non drainable, single use night bags

- Suitable for night time use. Position should be below bladder level to enhance drainage.
- Nursing/residential homes should always use a single use non-drainable night bag attached to leg bag.
- Night bags should be used in conjunction with a catheter stand, available from both L.IN.C Medical and CliniSupplies (not available on FP10).
- Non-sterile bag can be connected to a sheath or leg bag, not direct on a catheter
- Recommended quantity: 30 bags per month.

Choice	Bag size	Product	Unit price	Order code	Pharmacy ordering PIP code
LINC Medical	2000ml	LINC-Flo sterile non-drainable night drainage bag LM2LS 2litre, 100cm tube (L.In.C. Medical Systems Ltd)	£0.26	LM2LS	3054806
Single use,	2000ml	LINC-Flo non-drainable night drainage bag LM2LNS/30 2litre (L.In.C. Medical Systems Ltd)	£0.21	LM2LNS	3054780
sterile/non sterile, twist tap, individually 3000r wrapped	3000ml	LINC-Flo single use sterile drainable night drainage bag LM3LS 3litre, 120cm tube (L.In.C. Medical Systems Ltd)	£0.52	LM3LS	3945201
CliniSupplies	2000ml	Prosys non-drainable night drainage bag P2 2litre (CliniSupplies Ltd)	£0.21	P2	304-0516
	2000ml	Prosys single use non-sterile drainable night drainage bag PSU2 2litre (CliniSupplies Ltd)	£0.31	PSU2	327-6672

#### **Sterile drainable night bags**

- Drainable night bags should not be changed more frequently than every 5-7 days because maintaining a closed system reduces the risk of infection.
- Not recommended for nursing/residential homes (due to risk of cross infection).
- Recommended quantity: 5 bags per month.

Choice	Tap type	Bag size	Product (continued)	Unit price	Order code	Pharmacy ordering PIP code
LINC Medical	T-tap	2000ml	LINC-Flo drainable night drainage bag TZ02 2litre, 120cm tube (L.In.C. Medical Systems Ltd)	£1.22	TZ02	3054848
Hydrophobic vent,	T-tap	2000ml	LINC-Flo drainable night drainage bag with T tap SLC13 (L.In.C. Medical Systems Ltd)	£0.95	SLC13	3054822
integral B/Hanger, pair of nitrile gloves	Lever	2000ml	LINC-Flo drainable night drainage bag with lever tap TZ02-L 2litre, 120cm tube (L.In.C. Medical Systems Ltd)	£1.22	TZ02-L	3720455
included	Lever	2000ml	LINC-Flo drainable night drainage bag with lever tap SLC13-L (L.In.C. Medical Systems Ltd)	£0.95	SLC13-L	3712262
CliniComplies	Slide	2000ml	Prosys sterile drainable night drainage bag with slide tap P2000 2litre (CliniSupplies Ltd)	£1.20	P2000	313-7940
CliniSupplies	Lever	2000ml	Prosys sterile drainable night drainage bag with lever tap P2000-LT 2litre (CliniSupplies Ltd)	£1.20	P2000-LT	351-1458

## **Catheter Accessories**

## **Catheter retaining straps**

- It is important that both the catheter and leg bag are well supported to reduce traction and trauma to the bladder neck/urethra.
- All catheter straps are essentially similar in design and interchangeable for a given size.
- One pack (5) of catheter fixation straps should be ordered every 4 months (Straps will need replacing when elasticity and support is reduced from washing and stretching.
- Recommended quantity: 4-5 straps every 3-5 months.

Choice	Strap size	Product	Unit price	Order code	Pharmacy ordering PIP code
Two silicone bands, can be trimmed to size. Washable at 60°C. Not ideal for patients with manual dexterity issues. Includes scissors in every pack.	Can be trimmed to size	FIX Strip catheter retaining strap (L.In.C. Medical Systems Ltd)	£2.49	151030	4049938
Second choice  One silicone band, different sizes available. Washable at 60°C	40cm	Prosys catheter retaining strap adult PCS40 (CliniSupplies Ltd)	£2.42	PCS40	408-5536
	50cm	Prosys catheter retaining strap adult PCS50 (CliniSupplies Ltd)	£2.46	PCS50	408-5544
	85cm	Prosys catheter retaining strap adult PCS85 (CliniSupplies Ltd)	£2.71	PCS85	408-5551

## Leg bag straps

- Patients preferring to exclusively use leg bag straps will require additional straps.
- Recommended quantity: 10 straps every 6 months.

Choice	Strap size	Product	Unit price	Order code	Pharmacy ordering PIP code
First choice  Lasts longer as can be washed, XS-L sizes available	Extra small (35cm)	Deluxe leg bag strap extra small 9663 35cm (Hollister Ltd)	£3.34	9663	293-3786
	Small (38cm)	Deluxe leg bag strap small 9660 38cm (Hollister Ltd)	£3.34	9660	293-3794
	Medium (49cm)	Deluxe leg bag strap medium 9661 49cm (Hollister Ltd)	£3.34	9661	293-3802
	Large (56cm)	Deluxe leg bag strap large 9662 56cm (Hollister Ltd)	£3.34	9662	293-3810

# Leg bag sleeves

- Designed to support the leg bag to prevent traction on the catheter.
- Recommended as they can provide better support and comfort to the patient over leg straps.
- Recommended quantity: 4 sleeves every 3-4 months.

Choice	Sleeve size	Product	Unit price	Order code	Pharmacy ordering PIP code
First choice Colour coded	Small	Prosys leg bag sleeve small PLS3881 24cm-40cm (CliniSupplies Ltd)	£1.90	PLS3881	382-4711
	Medium	Prosys leg bag sleeve medium PLS3904 36cm-50cm (CliniSupplies Ltd)	£1.90	PLS3904	382-4729
	Large	Prosys leg bag sleeve large PLS3928 40cm-65cm (CliniSupplies Ltd)	£1.90	PLS3928	382-4737

#### **Catheter stabilisation devices**

• Recommended quantity: 5 devices per month.

Choice	Size	Product	Unit price	Order code	Pharmacy ordering PIP code
First choice device  Patented swivel retainer	Standard	StatLock all silicone foley catheter stabilisation device FOL0102DT (Bard Ltd)	£2.58	FOL0102DT	309-2418
First choice clip Silicone technology	Standard	Ugo fix gentle catheter clip 3004 (Optimum Medical Solutions Ltd)	£2.51	3004	394-9054

#### **Catheter valves**

- Catheter valves are for use with an indwelling urethral catheter as a discrete alternative to wearing a leg bag and in patients prior to trial without catheter.
- Catheter valves must be opened at regular intervals to empty the bladder.
- Recommended quantity: 5 valves per month.

Choice	Valve Size	Product	Unit price	Order code	Pharmacy ordering PIP code
First choice Larger tap, 2-tone colour for better visibility, longer tube	Standard	Prosys sterile catheter valve PCV3942 (CliniSupplies Ltd)	£1.93	PCV3942	386-3800
Second choice  Lock available for tap, use only for special population groups i.e. dementia	Standard	Flip-Flo sterile catheter valve BFF5 (Bard Ltd)	£2.67	BFF5	219-0577

## **Urinary sheaths**

- Can offer valuable alternative method or urinary incontinence management for men.
- Important to accurately assess for type and size of sheath using manufacturers measuring device.
- Recommended quantity: 30 sheaths per month. Ordering more than 1 box of 30 a month may indicate poor fit refer for advice.

Choice	Size	Product	Unit price	Order code	Pharmacy ordering PIP code
	25mm	InView sheath special 97125 25mm (Hollister Ltd)	£1.58	97125	371-5687
First choice	29mm	InView sheath special 97129 29mm (Hollister Ltd)	£1.58	97129	371-5695
Large chamber reducing	32mm	InView sheath special 97132 32mm (Hollister Ltd)	£1.58	97132	371-5703
risk of slipping off, easily seen cap for removal	36mm	InView sheath special 97136 36mm (Hollister Ltd)	£1.58	97136	371-5711
seen cap for removar	41mm	InView sheath special 97141 41mm (Hollister Ltd)	£1.58	97141	371-5729
	18mm	b.sure Quickfit latex free self-adhering sheath shorter length B18 18mm (Manfred Sauer UK Ltd)	£1.69	B18	401-8511
	20mm	b.sure Quickfit latex free self-adhering sheath shorter length B20 20mm (Manfred Sauer UK Ltd)	£1.69	B20	401-8529
	22mm	b.sure Quickfit latex free self-adhering sheath shorter length B22 22mm (Manfred Sauer UK Ltd)	£1.69	B22	401-8537
	24mm	b.sure Quickfit latex free self-adhering sheath shorter length B24 24mm (Manfred Sauer UK Ltd)	£1.69	B24	401-8545
Second choice	26mm	b.sure Quickfit latex free self-adhering sheath shorter length B26 26mm (Manfred Sauer UK Ltd)	£1.69	B26	401-8552
Large chamber reducing	28mm	b.sure Quickfit latex free self-adhering sheath shorter length B28 28mm (Manfred Sauer UK Ltd)	£1.69	B28	401-8560
risk of slipping off, good	30mm	b.sure Quickfit latex free self-adhering sheath shorter length B30 30mm (Manfred Sauer UK Ltd)	£1.69	B30	401-8578
for wheelchair bound patients	32mm	b.sure Quickfit latex free self-adhering sheath shorter length B32 32mm (Manfred Sauer UK Ltd)	£1.69	B32	401-8586
patients	35mm	b.sure Quickfit latex free self-adhering sheath shorter length B35 35mm (Manfred Sauer UK Ltd)	£1.69	B35	401-8594
	18mm	P-Sure sheath 97.18 18mm (Manfred Sauer UK Ltd)	£1.69	97.18	290-2849
	20mm	P-Sure sheath 97.20 20mm (Manfred Sauer UK Ltd)	£1.69	97.20	290-2856
	22mm	P-Sure sheath 97.22 22mm (Manfred Sauer UK Ltd)	£1.69	97.22	290-2864

# **Urinary sheaths - continued**

Choice	Size	Product (continued)	Unit price	Order code	Pharmacy ordering PIP code
	24mm	P-Sure sheath 97.24 24mm (Manfred Sauer UK Ltd)	£1.69	97.24	290-2872
	26mm	P-Sure sheath 97.26 26mm (Manfred Sauer UK Ltd)	£1.69	97.26	290-2880
	28mm	P-Sure sheath 97.28 28mm (Manfred Sauer UK Ltd)	£1.69	97.28	290-2898
	30mm	P-Sure sheath 97.30 30mm (Manfred Sauer UK Ltd)	£1.69	97.30	290-2906
	32mm	P-Sure sheath 97.32 32mm (Manfred Sauer UK Ltd)	£1.69	97.32	290-2914
	35mm	P-Sure sheath 97.35 35mm (Manfred Sauer UK Ltd)	£1.69	97.35	290-2922
	37mm	P-Sure sheath 97.37 37mm (Manfred Sauer UK Ltd)	£1.69	97.37	290-2930
	40mm	P-Sure sheath 97.40 40mm (Manfred Sauer UK Ltd)	£1.69	97.40	290-2948

#### **Catheter maintenance solutions**

- Should be clinical rationale for use.
- Should be considered for short term use only and placed on acute prescription.
- Solution is used to treat indwelling catheters for prevention of encrustation, or to dissolve crystal formation prior to removal of catheter to prevent urethral trauma.
- New evidence suggests to use Polihexanide as this has an antibacterial effect compared to normal saline<sup>1</sup>.
- OptiFlo S only to be used if allergic to Polihexanide solution.
- Recommended quantity: 1-60 depending on patient need.

<sup>&</sup>lt;sup>1</sup>Brill et al. Decolonization potential of 0.02% polyhexanide irrigation solution in urethral catheters under practice-like in vitro conditions. **BMC Urology.** 2018. 18:49.

Choice	Size	Product (continued)	Unit price	Order code	Pharmacy ordering PIP code
First choice	100ml	Uro-Tainer PHMB polihexanide 0.02% catheter maintenance solution FB99965 (B.Braun Medical Ltd)	£3.43	FB99965	400-2937
	50ml	OptiFlo G citric acid 3.23% catheter maintenance solution (Bard Ltd)	£3.63	CSG50	262-5507
	50ml	OptiFlo R citric acid 6% catheter maintenance solution (Bard Ltd)	£3.63	CSR50	262-5499
Second choice	50ml	OptiFlo S saline 0.9% catheter maintenance solution (Bard Ltd)	£3.42	CSS50	262-5481

#### **Bladder infusion kits**

• Only to be used for patients having multiple catheter maintenance solutions i.e. more than one a week.

Choice	Size	Product	Unit price	Order code	Pharmacy ordering PIP code
First choice	1 x 10	Bladder infusion kit MCI/701 (L.In.C. Medical Systems Ltd)	£20.06	MCI/701	3783883

# Catheterisation kits/4 week packs

- Recommended quantity: Dependant on patient need.
- No catheters or bags included hence will enable first choice options to be used

Choice	Size	Product	Unit price	Order code	Pharmacy ordering PIP code
First choice	Small	Cath-It Catheter Insertion/Removal Pack small/medium 908410 (Richardson Healthcare Ltd)	£1.98	908410	EHC522
	Medium	Cath-It Catheter Insertion/Removal Pack medium/large 908420 (Richardson Healthcare Ltd)	£1.98	908420	EHC523
	Large	Cath-It Catheter Insertion/Removal Pack large/extra large 908430 (Richardson Healthcare Ltd)	£1.98	908430	EHC524

# **Catheter lubricant gels**

- A sterile lubricant gel should be used prior to all urethral and suprapubic catheterisation to minimise pain, urethral trauma and risk of infection.
- Catheter lubricant gels selected as formulary choices are listed as medical devices and so do not require either a prescription or a Patient Group Direction (PGD) to be used by a nurse.

Choice	Sleeve size	Product	Unit price	Order code	Pharmacy ordering PIP code
First choice	6ml	LINC Gel (L.In.C. Medical Systems Ltd)  NB. Gel syringe is free when used with a L.IN.C catheter	£0.90	LMG6	Not available
	12ml	LINC Gel (L.In.C. Medical Systems Ltd)  NB. Gel syringe is free when used with a L.IN.C catheter	£0.99	LMG12	Not available
Second choice	6ml	OptiLube Active sterile lubricating jelly (Optimum Medical Solutions Ltd)	£1.15	1160	366-2061
	11ml	OptiLube Active sterile lubricating jelly (Optimum Medical Solutions Ltd)	£1.15	1161	366-2079
	6ml	OptiLube Active CHG Free sterile lubricating jelly (Optimum Medical Solutions Ltd)	£1.15	1167	404-0663
	11ml	OptiLube Active CHG Free sterile lubricating jelly (Optimum Medical Solutions Ltd)	£1.15	1168	404-0671