

GP Surgery.....
 Date ordered.....
 Patient name..... DOB...../...../.....
 Address.....

Only Items on the list will be supplied on prescriptions, any other item requested will not be supplied.

For England - Gluten-free Bread and Mixes	Pack size	Units	PIP code
Bread			
Glutafin gluten-free fibre loaf sliced	300g	0.75	237-7356
Glutafin gluten-free high fibre loaf sliced	350g	1	401-4296
Glutafin gluten-free Select fibre loaf sliced	400g	1	054-6101
Glutafin gluten-free Select fresh brown loaf sliced	400g	1	330-6800
Glutafin gluten-free Select fresh seeded loaf sliced	400g	1	402-3685
Glutafin gluten-free Select fresh white loaf sliced	400g	1	290-6840
Glutafin gluten-free Select seeded loaf sliced	400g	1	308-9364
Glutafin gluten-free Select white loaf sliced	400g	1	054-6093
Glutafin gluten-free white loaf sliced	300g	0.75	090-4268
Rolls + Baguettes			
Glutafin gluten-free 4 white rolls	200g (4 rolls)	0.5	344-3645
Glutafin gluten-free baguettes	350g (2 Baguettes)	1	224-0117
Glutafin gluten-free part-baked 2 long white rolls	150g (2 rolls)	0.5	344-3637
Glutafin gluten-free part-baked 4 fibre rolls	200g (4 rolls)	0.5	344-3652
Glutafin gluten-free part-baked 4 white rolls	200g (4 rolls)	0.5	344-2753
Flour Mix			
Glutafin gluten-free bread mix	500g	2	298-8418
Glutafin gluten-free fibre bread mix	500g	2	298-8426
Glutafin gluten-free multipurpose white mix	500g	2	231-2981
Glutafin gluten-free Select bread mix	500g	2	274-4951
Glutafin gluten-free Select fibre bread mix	500g	2	297-9912
Glutafin gluten-free Select multipurpose fibre mix	500g	2	004-5591
Glutafin gluten-free Select multipurpose white mix	500g	2	004-5187
Glutafin gluten-free wheat-free fibre mix	500g	2	231-2973

Please calculate your allocated units and order accordingly. All requests will be limited to appropriate number of units

Age and sex	Number of units (per month)
child 1-3 years	10
child 4-6 years	11
child 7-10 years	13
child 11-14 years	15
child 15-18 years	18
male 19-59 years	18
male 60-74 years	16
male 75+ years	14
female 19-74 years	14
female 75+ years	12
breastfeeding	add 4
3rd trimester pregnancy	add 1

Frequently asked questions on changes to gluten free prescribing – effective 1st Dec 2018

Why are you prescribing only bread and mixes?

The outcome of a national consultation by the Department of Health was to retain a limited range of bread and mixes on prescription. This means that other gluten free foods e.g., pasta, pizza bases, cereals, grains, flour and biscuits etc., will no longer be prescribed.

Why are only some brands of bread and mixes included?

To ensure that the gluten free products that remain available on prescription will be cost effective for prescribing through the NHS and provide appropriate patients with basic provisions to support a gluten free diet.

Why are you no longer funding biscuits, cakes, etc.?

Biscuits and cakes are not considered part of a healthy diet and for the practice and the NHS as a whole to prescribe these would be at odds with national health messages. For more information and advice on a healthy eating contact your local pharmacy, surgery or find out more from NHS Choices www.nhs.uk/live-well/eat-well/

Why are you not funding pizza bases and pasta on NHS prescription anymore?

The outcome of the consultation was to retain a limited range of bread and mixes only on prescription. There are various naturally gluten free foods that can be eaten in place of pasta, such as potatoes, rice, rice noodles etc. Gluten free pizza bases and pasta are available from supermarkets at a reasonable cost and are similarly priced to the equivalent gluten containing products.