



# **Medicine Supply Notification**

MSN/2023/002

Insulin isophane biphasic human 25/75 (Insuman® Comb 25) 100units/ml suspension for injection 3ml cartridge

Insulin isophane biphasic human 25/75 (Insuman® Comb 25 SoloStar) 100units/ml suspension for injection pre-filled pens

Insulin human isophane (Insuman® Basal) 100units/ml suspension for injection 3ml cartridge

Insulin human isophane (Insuman® Basal SoloStar) 100units/ml suspension for injection 3ml pre-filled pens

Neutral (soluble) insulin (Insuman® Rapid) 100units/ml suspension for injection 3ml cartridge

Tier 2 – medium impact\*
Date of issue: 17/01/2023
Link: Medicines Supply Tool

### Summary

- Insuman® Comb 25 100units/ml suspension for injection 3ml cartridges and prefilled pens will be discontinued with stocks being exhausted in May and June 2023 respectively.
- Insuman® Basal 100units/ml suspension for injection 3ml cartridges and prefilled pens will be discontinued with stocks being exhausted in June 2023.
- Insuman® Rapid 100units/ml suspension for injection 3ml cartridges will be discontinued with stocks being exhausted in May 2023.
- Humolog® Mix 25 remains available, as do other biphasic insulin preparations
- Alternative human isophane insulins remain available
- Alternative neutral (soluble) insulins remain available

### **Actions Required**

#### Prescribers should:

- not initiate any new patients on Insuman<sup>®</sup> products.
- review all patients prescribed Insuman<sup>®</sup> Comb 25 100units/ml suspension for injection 3ml cartridges; and consider prescribing Humolog<sup>®</sup> Mix 25 in the first instance (see Supporting Information);

<sup>\*</sup>Classification of Tiers can be found at the following link:

- consider prescribing another biphasic insulin preparation if the above option is not deemed suitable (see Supporting Information)
- review all patients prescribed Insuman® Basal and consider prescribing alternative human isophane insulin preparations (See supporting information)
- review all patients prescribed Insuman<sup>®</sup> Rapid and consider prescribing alternative neutral (soluble) insulin
- ensure that after switching, patients are counselled on how to use the new device, explain that the
  dose of insulin remains the same, but adjustments may be needed depending on blood glucose
  levels and signs of hypoglycaemia.

### Supporting information

#### **Clinical Information**

Choice of alternative will be determined by onset of action, peak activity and duration of action. Patients should be advised to be more vigilant with checking their blood glucose following a switch to an alternative. Patients should also be counselled on the symptoms of hypoglycaemia.

There is unlikely to be any dose change when switching between insulins. However, after the switch, the dose should be guided by blood glucose control and signs of hypoglycaemia. As the injector device will also be different, patients should be counselled on how to use the new device.

#### Insuman® Comb 25:

Insuman® Comb 25 is a biphasic isophane insulin consisting of 25% dissolved insulin and 75% crystalline protamine insulin. The only other biphasic formulation containing equal proportions of rapid- and long-acting insulin is Humalog® Mix 25 (25 % insulin lispro solution and 75 % insulin lispro protamine suspension). It is available in a KwikPen, a disposable pre-filled pen containing 3 ml (300 units, 100 units/ml) of insulin and also in a 3ml cartridge for use in a Lilly 3 ml pen. Insuman Comb 25 is injected subcutaneously 30 to 45 minutes before a meal whereas Humalog® Mix25 may be given shortly before meals or when necessary, soon after meals. Patients switched from Insuman® Comb 25 to Humalog® Mix 25 would need to be advised on difference in timing of administration of insulin.

Other human biphasic insulin preparation containing different proportions of rapid- and long-acting insulin include; Humalog<sup>®</sup> Mix 50, Humulin<sup>®</sup> M3 and NovoMix<sup>®</sup> 30 (insulin aspart).

Humulin<sup>®</sup> M3 (30% soluble insulin and 70% isophane insulin) and Novomix<sup>®</sup> 30 (30% soluble insulin aspart and 70% protamine-crystallised insulin aspart) are a closer match to Insuman<sup>®</sup> Comb 25 than Humalog<sup>®</sup> Mix 50 (50% insulin lispro solution and 50% insulin lispro protamine suspension).

#### Insuman® Basal:

Insuman<sup>®</sup> basal is a human isophane insulin; these insulins are intermediate-acting: onset of action ~ 1–2 hours, peak activity between 3–12 hours, and duration of action of 11–24 hours. Other human isophane insulin products include Humulin<sup>®</sup> I and Insulatard<sup>®</sup>.

#### Insuman® Rapid:

Insuman® Rapid is a neutral (soluble) insulin solution; these insulins are short acting insulins: onset of action ~ 30–60 minutes, peak activity between 1–5 hours, and duration of action of 5–9 hours. Other human neutral insulin products include Humulin® S and Actrapid®.

Table 1: Available alternative insulins

| Insulin type                 | Brand                   | Device type                              | Able to support an uplift in demand |
|------------------------------|-------------------------|--|-------------------------------------|
| Biphasic isophane<br>insulin | INOVOMIX° 30            | Cartridge and pre-filled pen             | Full uplift                         |
|                              | HIIMAINO® IVIIX 25      | Vials, cartridges and pre-filled pens    | Full uplift                         |
|                              | Inumalog Wilx 50        | Cartridges and pre-filled pens           | Full uplift                         |
|                              | Humulin <sup>®</sup> M3 | Vials, cartridges and pre-filled pens    | Full uplift                         |
| Human isophane insulin       |                         | Vials, cartridges and<br>pre-filled pens | Full uplift                         |
|                              | languit and ®           | Vials, cartridges and pre-filled pens    | Partial uplift                      |
| Neutral (soluble) insulin    | Actrapid <sup>®</sup>   | Vials                                    | Full uplift                         |
|                              | Humulin <sup>®</sup> S  | Vials and cartridges                     | Full uplift                         |

#### Please see the following links for further information

- BNF insulin
- University of Leicester table of typical insulin profiles
- BNF treatment summary
- NICE CKS- Insulin therapy
- SmPC Insuman products
- SmPC Novomix 30
- SmPC Humolog Mix 25 and Mix 50
- SmPC Humulin M3
- SmPC Humulin I
- SmPC Insultard
- SmPC Actrapid
- SmPC Humulin S

## **Enquiries**

If you have any queries, please contact <a href="mailto:DHSCmedicinesupplyteam@dhsc.gov.uk">DHSCmedicinesupplyteam@dhsc.gov.uk</a>.