

NHS Kent & Medway Medicines Optimisation Group

Recent NICE publications – February 2023

FOR INFORMATION

NICE Publications

NICE clinical guidelines

[Thyroid cancer: assessment and management published Dec 2022](#)

This guideline covers diagnosis and management of thyroid cancer in people aged 16 and over. It aims to reduce variation in practice and increase the quality of care and survival for people with thyroid cancer.

[Barrett's oesophagus and stage 1 oesophageal adenocarcinoma: monitoring and management published Feb 2023](#)

This guideline covers monitoring, treatment and follow-up for people aged 18 and over with Barrett's oesophagus and stage 1 oesophageal adenocarcinoma. It includes advice on endoscopic and non-endoscopic techniques. It aims to improve outcomes by ensuring the most effective investigations and treatments are used.

Updated NICE Clinical Guidelines

[Hip fracture: management Updated Jan 2023](#)

This guideline covers managing hip fracture in adults. It aims to improve care from the time people aged 18 and over are admitted to hospital through to when they return to the community. Recommendations emphasise the importance of early surgery and coordinating care through a multidisciplinary Hip Fracture Programme to help people recover faster and regain their mobility. In January 2023, NICE reviewed the evidence and updated the recommendations on surgical procedures.

[Delirium: prevention, diagnosis and management in hospital and long-term care Updated Jan 2023](#)

This guideline covers diagnosing and treating delirium in people aged 18 and over in hospital and in long-term residential care or a nursing home. It also covers identifying people at risk of developing delirium in these settings and preventing onset. It aims to improve diagnosis of delirium and reduce hospital stays and complications. In January 2023, NICE reviewed the evidence and made new recommendations on assessing and diagnosing delirium.

[Cardiovascular disease: risk assessment and reduction, including lipid modification Updated Feb 2023](#)

This guideline covers the assessment and care of adults who are at risk of or who have cardiovascular disease (CVD), such as heart disease and stroke. It aims to help healthcare professionals identify people who are at risk of cardiovascular problems including people with type 1 or type 2 diabetes, or chronic kidney disease. It describes the lifestyle changes people can make and how statins can be used to reduce their risk. In February 2023, NICE added a new recommendation on aspirin for primary prevention of CVD.

NICE COVID Rapid Guidelines

No new NICE Rapid Guidelines

NICE Quality Standards

[Tobacco: treating dependence published Dec 22](#)

This quality standard covers support and treatment to stop smoking and stop using smokeless tobacco, and harm-reduction approaches for people who are not ready to stop in one go. It describes high-quality care in priority areas for improvement.

Updated NICE Quality Standards

[Hip fracture in adults Updated Jan 2023](#)

This quality standard covers diagnosing and managing hip fracture in adults (aged 18 and over). It describes high-quality care in priority areas for improvement.

[Chronic heart failure in adults Updated Jan 2023](#)

This quality standard covers assessing, diagnosing and managing chronic heart failure in adults (aged 18 and over). It describes high-quality care in priority areas for improvement. Statements cover adults with chronic heart failure with reduced ejection fraction and adults with chronic heart failure with preserved ejection fraction, unless otherwise stated.

[Diabetes in pregnancy Updated Jan 2023](#)

This quality standard covers managing diabetes and its complications in women who are planning a pregnancy or are already pregnant. It includes care for women with pre-existing diabetes before and during pregnancy, and diagnosis and management of gestational diabetes. It describes high-quality care in priority areas for improvement.

[Antenatal care Updated Feb 2023](#)

This quality standard covers the routine antenatal care that women and their babies should receive during pregnancy. It describes high-quality care in priority areas for improvement.

[Urinary tract infections in adults Updated Feb 2023](#)

This quality standard covers diagnosing and managing urinary tract infections in adults aged 16 and over. It describes high-quality care in priority areas for improvement.