

# NHS Kent & Medway Medicines Optimisation Group

## Recent NICE publications – April 2023

### FOR INFORMATION

#### NICE Publications

#### NICE clinical guidelines

No new NICE guidelines

#### Updated NICE Clinical Guidelines

##### [Disabled children and young people up to 25 with severe complex needs: integrated service delivery and organisation across health, social care and education Updated Jan 2023](#)

This guideline covers support for disabled children and young people with severe complex needs, from birth to 25 years. It aims to encourage education, health and social care services to work together and provide more coordinated support to children and young people, and their families and carers.

**January 2023:** NICE updated the [recommendations on delegated clinical tasks](#) to replace ‘must’ with ‘should’ and to indicate that employers are health and social care employers. See [update information](#) for further details.

##### [Tobacco: preventing uptake, promoting quitting and treating dependence Updated Jan 2023](#)

This guideline covers support to stop smoking for everyone aged 12 and over, and help to reduce people's harm from smoking if they are not ready to [stop in one go](#). It also covers ways to prevent children, young people and young adults aged 24 and under from taking up smoking. The guideline brings together and updates all NICE's previous guidelines on using tobacco, including [smokeless tobacco](#). It covers [nicotine replacement therapy](#) and [e-cigarettes](#) to help people stop smoking or reduce their harm from smoking. It does not cover using tobacco products such as ‘heat not burn’ tobacco.

In **January 2023**, in the [section on identifying and referring pregnant women for stop-smoking support](#), NICE reduced the number of carbon monoxide tests recommended for women with low readings and no history of smoking.

##### [Lung cancer: diagnosis and management Updated March 2023](#)

This guideline covers diagnosing and managing non-small-cell and small-cell lung cancer. It aims to improve outcomes for patients by ensuring that the most effective tests and treatments are used, and that people have access to suitable palliative care and follow-up.

**March 2023:** NICE added the [NICE technology appraisal guidance on mobocertinib to the systemic anti-cancer therapy treatment pathways for advanced non-small-cell lung cancer](#).

##### [Early and locally advanced breast cancer: diagnosis and management Updated April 2023](#)

This guideline covers diagnosing and managing early and locally advanced breast cancer. It aims to help healthcare professionals offer the right treatments to people, taking into account the person's individual preferences.

In **April 2023**, NICE reviewed the evidence and updated the [recommendations on arm and shoulder mobility](#).

## Updated NICE COVID Rapid Guidelines

### [CCOVID-19 rapid guideline: managing COVID-19 Updated March 23](#)

This guideline covers the management of COVID-19 for babies, children, young people and adults in all care settings. It brings together existing recommendations on managing COVID-19, and new recommendations on therapeutics, so that healthcare staff and those planning and delivering services can find and use them more easily.

**29 March 2023:** In the [section on therapeutics for COVID-19](#) NICE:

- updated recommendations on baricitinib and remdesivir
- updated recommendations on casirivimab plus imdevimab, nirmatrelvir plus ritonavir, and tocilizumab, and replaced the recommendations on neutralising monoclonal antibodies and sarilumab with recommendations on sotrovimab and tocilizumab, in line with [NICE technology appraisal guidance TA878](#).

## NICE Quality Standards

### [Type 1 diabetes in adults published March 23](#)

This quality standard covers care and treatment for adults (aged 18 and over) with type 1 diabetes. It describes high-quality care in priority areas for improvement.

### [Type 2 diabetes in adults published March 23](#)

This quality standard covers prevention of type 2 diabetes in adults (aged 18 and over) and care and treatment for adults with type 2 diabetes. It describes high-quality care in priority areas for improvement.

## Updated NICE Quality Standards

### [Acute kidney injury Updated March 2023](#)

This quality standard covers preventing, detecting and managing acute kidney injury in adults, young people and children. It describes high-quality care in priority areas for improvement.