

Prescribing of Deodorant Sprays for Stoma Care

Position Statement

Kent & Medway ICB DO NOT recommend the prescribing of Deodorant Sprays in stoma care .

With a correctly fitting stoma bag no odour should be apparent, except when the bag is emptied/changed.

If odour is present at times other than emptying/changing refer to stoma team for a review.

If deodorants are required for social reasons (e.g. for issues with odour when emptying or changing the bag), these should be purchased: air fresheners from supermarkets or deodorants online (search under 'ostomy deodorants')

Recommendations

- For all patients currently receiving Deodorant Spray on prescription move to acute and send attached patient letter.
- If there is an issue with Odour other than when emptying/changing refer to stoma team

Rationale

- Deodorant sprays are NOT on formulary and are NOT recommended by the K&M stoma teams

Stoma Care Nurse Team Contact Details:

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References:

1. [B105. Stoma prescribing \(prescripinfo.co.uk\)](https://www.prescripinfo.co.uk/B105-Stoma-prescribing)
2. [Deodorants-May-2017-new-logo.pdf \(colostomyuk.org\)](https://www.colostomyuk.org/deodorants-May-2017-new-logo.pdf)

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Review date	The recommendation is based upon the evidence available at the time of publication. This recommendation will be reviewed upon request in the light of new evidence becoming available.

BNF Presentation
Forest Breeze deodorant
Friends ostomy deodorant spray lemon
LiMone deodorant spray
NaturCare Breeze deodorant aerosol spray
NaturCare Fragrant deodorant aerosol spray
NaturCare Zest deodorant aerosol spray
Neutralise deodorant apple
Neutralise deodorant blackberry
Neutralise deodorant cinnamon & sandalwood
Neutralise deodorant grapefruit
Neutralise deodorant mint
Pelican Deo-Mint deodorant
Salts No-Roma deodorant
NaturCare Fragrant deodorant aerosol spray

For Patient Letter Template click on Link below
[patient-stoma-deodorant-letter-with-logo.pdf](#)