

NHS Kent & Medway Medicines Optimisation Team

NICE News Bimonthly – Feb 2025

FOR INFORMATION

NICE Publications

NICE clinical guidelines

Title	Reference number	Published	Last updated
Overweight and obesity management This guideline covers the prevention and management of overweight, obesity and central adiposity in children, young people and adults. It brings together and updates all NICE's previous guidelines on overweight and obesity. It does not cover pregnancy.	NG246	14 January 2025	14 January 2025
Maternal and child nutrition: nutrition and weight management in pregnancy, and nutrition in children up to 5 years This guideline covers nutrition and weight management in pregnancy for anyone who may become pregnant, is planning to become pregnant or is already pregnant, and nutrition in children up to 5 years. Care of babies and children born preterm or with low birth weight is not covered. The guideline does not give detailed advice on what constitutes a healthy diet.	NG247	15 January 2025	15 January 2025
Gambling-related harms: identification, assessment and management This guideline covers identifying, assessing and treating gambling-related harms. This includes people aged 18 and over who are experiencing gambling that harms, and people of any age affected by someone close to them who is experiencing gambling that harms.	NG248	28 January 2025	28 January 2025

Updated NICE Clinical Guidelines

Title	Reference number	Published	Last updated
Epilepsies in children, young people and adults This guideline covers diagnosing and managing epilepsy in children, young people and adults in primary and secondary care, and referral to tertiary services. It aims to improve diagnosis and treatment for different seizure types and epilepsy syndromes, and reduce the risks for people with epilepsy.	NG217	27 April 2022	30 January 2025
Tobacco: preventing uptake, promoting quitting and treating dependence This guideline covers support to stop smoking for everyone aged 12 and over, and help to reduce people's harm from smoking if they are not ready to stop in one go. It also covers ways to prevent children, young people and young adults aged 24 and under from taking up smoking.	NG209	30 November 2021	4 February 2025

NICE Quality Standards

No new NICE Quality Standards

Updated NICE Quality Standards

Title	Reference number	Published	Last updated
Ovarian cancer This quality standard covers the recognition and initial management of ovarian cancer. It describes high-quality care in priority areas for improvement.	QS18	21 May 2012	5 February 2025